

Asha Jane, MA, LMFTA Licensed Marriage & Family Therapist Associate 11300 Antler Lane Austin TX 78726 P: 512.567.6944

E: aj@ashajane.com

Couples Information Form

How long have you been in the current relationship?
How and under what circumstances did you meet each other?
What are the strengths in your current relationship?
What are the present concerns or problems in the relationship?
What help have you sought for the relationship? When, where, how?
Are you currently working with any other therapists? If yes, please give names, phone numbers and length of
time:
How do you nurture the relationship?
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How do you express and receive affection in your relationship?
How often do you make love with each other?
Has there ever been any violence in your relationship? If so, please describe:
Have there been any separations in your relationship? If so, please describe:
What is your goal for the relationship in making this appointment?